

e ICFAI University, Himachal Pradesh

(Established by the State Legislature Act 43 of 2011)

Internal Quality Assurance Cell (IQAC)

Report

Twit Talks-2.0

(Inter-Department Mental Well Being Program)

20 February 2025 (Thursday)

The Internal Quality Assurance Cell (IQAC) and the Faculty of Management Studies (FMS) successfully organized Twit Talks 2.0 under Mental Wellbeing club on February 20, 2025, at the IUHP Meeting Hall. The session, held from 11:30 AM to 1:00 PM, focused on enhancing mental health awareness.

The event saw enthusiastic participation from approximately 60 students and faculty members, making it an engaging and insightful experience. Both students and faculty shared personal experiences that fostered resilience and personal growth. The interactive nature of the session enabled participants to address their concerns, gain deeper insights into mental well-being and financial literacy, and contribute to the event's overall success.



Organizer & Co-convener

Yuvika Singh

Convener

Dr. Chitra